

New Menu for Wittersham CEP School, week beginning 9th January 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Beef Bolognaise with Wholemeal Spaghetti	Chicken & Vegetable Pie & Gravy	Roast Gammon with Gravy	Creamy Chicken Casserole	Cheese & Tomato Pizza
	Macaroni Cheese	Quorn Sausages	Vegetable Hotpot	Vegetable Goulash	Breaded Salmon & Broccoli Fish-cake
	Green Beans	Mashed Potatoes	Roast Potatoes	Rainbow Rice	Chips
	Sweetcorn	Peas	Green Cabbage	Fresh Broccoli Florets	Baked Beans
		Fresh Carrots	Creamed swede	Green Beans	Peas
	Apricot Goodie & Custard	Golden Krispy Cake	Rice Pudding with Pears	Chocolate Sponge & Chocolate Sauce	Fruit Jelly & Ice Cream (Cream for Serveries)

Week 2	Pork Sausages	Lasagne with Garlic Bread	Roast Turkey with Stuffing & Gravy	BBQ Chicken	Wholemeal Breaded Cod & Tomato Ketchup
	Sweet Potato & Lentil Curry	Vegetable Chilli with Wholemeal Penne Pasta	Crunchy topped Cauliflower & Broccoli Bake	Quorn Bolognaise	Cheese & Vegetable Parcel
	Mashed Potatoes		Roast Potatoes	Jacket Potato	Chips
	Boiled Rice	Broccoli	Carrots	Sweetcorn	Baked Beans
	Peas, Baked Beans	Cauliflower	Green Beans	Peas	Fresh Tomato
	Jam & Coconut Sponge & Custard	Oat Cookie with Milk	Eves Pudding and Custard	Cherry Pie & Custard	Flapjack

Week 3	Pork Meatballs in tomato Sauce with Pasta	Chicken Curry with Mixed Rice	Roast Beef & Yorkshire Pudding with Gravy	Cheese & Ham Quiche	Cod Fish Fingers & Tomato Ketchup
	Vegetable Pasta Bake	Roasted Vegetable Risotto	Lentil Roast	Curried Vegetable Pasty	Vegetable Lasagne
	Broccoli	Cauliflower	Roast Potatoes	Mashed Potatoes	Chips
	Sweetcorn	Peas	Cabbage	Rainbow Coleslaw	Baked Beans
			Carrots	Green Beans	Peas
	Apple Crumble & Custard	Lemon Drizzle Cake	Fruit & Cream Meringues	Shortbread & Custard	Banana & Chocolate Muffin

Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yoghurts are available daily