

Weeks 1-3

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main / Meat Option	Beef Bolognese Pasta	Fruity Chicken Curry with Wholemeal Rice	Roast Gammon with Sage & Onion Stuffing & Gravy	Sausage with Gravy	Fishy Friday
	Vegetarian Option	Vegetarian Bolognese Pasta	Tomato & Basil Pasta	Vegetarian Wellington	Vegan Cumberland Sausage	Vegetarian Burrito
				Roast Potatoes	Mash Potatoes	Chips
		Peas / Carrots	Salad	Carrots	Vegetable Medley	Baked Beans
	3 rd Option	Picnic Lunch – Roll with a choice of filling & Salad	Tomato & Basil Pasta	Creamy Cheese Pasta	Picnic Lunch – Roll with a choice of filling & Salad	Tomato & Pepper Pasta
	Pudding / Dessert	Iced Cake	Apple & Peach Crumble with Custard	Eton Mess Milk Shake Jelly	Ice Cream	Friday Biscuit Surprise
Week 2	Main / Meat Option	Wholemeal Spaghetti Carbonara	Chicken Burger in a Bap	Roast Turkey with Yorkshire Pudding & Gravy	Margherita Pizza	Fishy Friday
	Vegetarian Option	Vegetarian Shepherdess Pie with Garlic Bread	Vegetarian Burger in a Bap	Vegetarian Sausages	Margherita Pizza	Vege Bites
			Baked Jacket Wedges	Roast Potatoes	½ Jacket Potato	Chips
		Broccoli / Carrots	Roasted Vegetables / Peas	Peas / Cauliflower	Salad	BBQ Beans / Peas
	3 rd Option	Picnic Lunch – Roll with a choice of filling & Salad	Creamy Cheese Pasta	Tomato & Basil Pasta	Picnic Lunch – Roll with a choice of filling & Salad	Tomato & Pepper Pasta
	Pudding / Dessert	Raspberry & Apple Sponge	Fruit Jelly	Peaches with Custard	Ice Cream	Friday Biscuit Surprise
Week 3	Main / Meat Option	Macaroni Cheese with Garlic Bread	Mince Turkey & Vegetable Pie	Roast Gammon & Gravy	Meat Balls with optional BBQ Sauce	Fishy Friday
	Vegetarian Option	Veggie Bean Wrap	Vegetarian Casserole	Vegetarian Toad in the Hole	Quorn Balls in BBQ Sauce	Vegetarian Lasagne
		½ Jacket Potato	Mash Potatoes	Roast Potatoes	Rice	Chips or Wedges
		Salad	Broccoli / Sweetcorn	Carrots	Carrots / Roasted Vegetables	Baked Bean / Peas & Sweetcorn
	3 rd Option	Picnic Lunch – Roll with a choice of filling & Salad	Tomato & Basil Pasta	Creamy Cheese Pasta	Picnic Lunch – Roll with a choice of filling & Salad	Tomato & Pepper Pasta
	Pudding / Dessert	Iced Cake	Flapjack	Fruit Jelly with Cream	Fruit Sorbet	Friday Biscuit Surprise

Milk, Salad bar, Fresh Fruit and Yogurts are available daily